

### DAMER, KORTBANE (25m)

	BRONZE		SØLV		GULD		ELITE		
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN		GULD	DELFIN
<b>Pointtal</b>	<b>65</b>	<b>120</b>	<b>175</b>	<b>260</b>	<b>350</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:29,30	0:27,05	0:26,00	0:25,15
100	2:07,19	1:43,56	1:31,28	1:19,97	1:12,41	1:04,29	0:59,36	0:57,05	0:55,19
200	4:37,20	3:45,70	3:18,94	2:54,29	2:37,82	2:20,11	2:09,37	2:04,35	2:00,28
400	9:45,77	7:56,94	7:00,39	6:08,30	5:33,50	4:56,07	4:33,38	4:22,77	4:14,17
800	20:08,18	16:23,70	14:27,07	12:39,64	11:27,86	10:10,67	9:23,86	9:01,98	8:44,24
1500	38:35,61	31:25,36	27:41,83	24:15,92	21:58,36	19:30,41	18:00,70	17:18,76	16:44,77
<b>BRYST</b>									
50						0:36,29	0:33,51	0:32,21	0:31,16
100	2:36,34	2:07,29	1:52,20	1:38,30	1:29,01	1:19,02	1:12,96	1:10,13	1:07,83
200	5:35,55	4:33,20	4:00,81	3:30,97	3:11,04	2:49,60	2:36,60	2:30,52	2:25,60
<b>RYG</b>									
50						0:32,39	0:29,90	0:28,74	0:27,80
100	2:17,71	1:52,12	1:38,83	1:26,58	1:18,40	1:09,60	1:04,27	1:01,77	0:59,75
200	4:59,29	4:03,68	3:34,79	3:08,18	2:50,40	2:31,27	2:19,68	2:14,26	2:09,86
<b>FLY</b>									
50						0:30,72	0:28,37	0:27,27	0:26,37
100	2:17,26	1:51,76	1:38,51	1:26,30	1:18,15	1:09,38	1:04,06	1:01,57	0:59,56
200	5:01,16	4:05,21	3:36,13	3:09,35	2:51,46	2:32,22	2:20,55	2:15,10	2:10,68
<b>IM</b>									
100	2:23,97	1:57,22	1:43,32	1:30,52	1:21,97	1:12,77	1:07,19	1:04,58	1:02,47
200	5:10,69	4:12,96	3:42,97	3:15,34	2:56,88	2:37,03	2:25,00	2:19,37	2:14,81
400	10:50,90	8:49,96	7:47,13	6:49,25	6:10,58	5:28,99	5:03,78	4:51,99	4:42,43

### DAMER, LANGBANE (50m)

	BRONZE		SØLV		GULD				
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
Pointtal	65	120	175	260	350	500	635	715	790
<b>CRAWL</b>									
50						0:29,90	0:27,61	0:26,54	0:25,67
100	2:09,83	1:45,71	1:33,17	1:21,63	1:13,92	1:05,62	1:00,59	0:58,24	0:56,33
200	4:41,71	3:49,37	3:22,17	2:57,12	2:40,39	2:22,39	2:11,47	2:06,37	2:02,24
400	9:56,32	8:05,52	7:07,96	6:14,93	5:39,51	5:01,41	4:38,30	4:27,50	4:18,75
800	20:32,04	16:43,13	14:44,19	12:54,64	11:41,45	10:22,73	9:35,00	9:12,68	8:54,60
1500	39:10,24	31:53,56	28:06,68	24:37,70	22:18,08	19:47,92	18:16,87	17:34,30	16:59,80
<b>BRYST</b>									
50						0:37,55	0:34,67	0:33,33	0:32,24
100	2:40,70	2:10,84	1:55,33	1:41,04	1:31,49	1:21,22	1:15,00	1:12,09	1:09,73
200	5:48,07	4:43,39	4:09,79	3:38,84	3:18,17	2:55,93	2:42,44	2:36,14	2:31,03
<b>RYG</b>									
50						0:34,10	0:31,49	0:30,26	0:29,27
100	2:24,92	1:57,99	1:44,00	1:31,11	1:22,51	1:13,25	1:07,63	1:05,01	1:02,88
200	5:09,34	4:11,86	3:42,00	3:14,49	2:56,12	2:36,35	2:24,37	2:18,77	2:14,22
<b>FLY</b>									
50						0:31,59	0:29,17	0:28,04	0:27,12
100	2:19,58	1:53,65	1:40,17	1:27,76	1:19,47	1:10,55	1:05,14	1:02,61	1:00,56
200	5:03,73	4:07,30	3:37,98	3:10,97	2:52,92	2:33,52	2:21,75	2:16,25	2:11,79
<b>IM</b>									
100									
200	5:14,55	4:16,11	3:45,74	3:17,77	2:59,09	2:38,99	2:26,80	2:21,10	2:16,49
400	11:09,33	9:04,97	8:00,35	7:00,84	6:21,07	5:38,31	5:12,38	5:00,25	4:50,43

### HERRER, KORTBANE (25m)

	TALENT		BRONZE		SØLV		GULD		ELITE
	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN		
<b>Pointtal</b>	<b>45</b>	<b>85</b>	<b>150</b>	<b>220</b>	<b>320</b>	<b>500</b>	<b>635</b>	<b>715</b>	<b>790</b>
<b>CRAWL</b>									
50						0:25,58	0:23,62	0:22,70	0:21,96
100	2:06,81	1:42,41	1:24,67	1:14,49	1:05,73	0:56,63	0:52,29	0:50,26	0:48,62
200	4:40,41	3:46,44	3:07,22	2:44,73	2:25,35	2:05,24	1:55,64	1:51,15	1:47,51
400	10:00,42	8:04,86	6:40,89	5:52,72	5:11,23	4:28,16	4:07,60	3:57,99	3:50,21
800	20:51,30	16:50,48	13:55,47	12:15,08	10:48,62	9:18,86	8:36,02	8:15,99	7:59,76
1500	39:58,92	32:17,24	26:41,73	23:29,26	20:43,50	17:51,41	16:29,29	15:50,90	15:19,78
<b>BRYST</b>									
50						0:31,82	0:29,38	0:28,24	0:27,31
100	2:36,92	2:06,72	1:44,77	1:32,18	1:21,34	1:10,08	1:04,71	1:02,20	1:00,16
200	5:40,52	4:34,98	3:47,36	3:20,04	2:56,51	2:32,08	2:20,42	2:14,97	2:10,56
<b>RYG</b>									
50						0:28,49	0:26,31	0:25,29	0:24,46
100	2:18,10	1:51,52	1:32,21	1:21,13	1:11,58	1:01,68	0:56,95	0:54,74	0:52,95
200	4:59,43	4:01,80	3:19,92	2:55,90	2:35,21	2:13,73	2:03,48	1:58,69	1:54,80
<b>FLY</b>									
50						0:27,47	0:25,36	0:24,38	0:23,58
100	2:16,80	1:50,47	1:31,34	1:20,36	1:10,91	1:01,10	0:56,41	0:54,22	0:52,45
200	5:07,90	4:08,64	3:25,58	3:00,87	2:39,60	2:17,51	2:06,97	2:02,04	1:58,05
<b>IM</b>									
100	2:23,24	1:55,67	1:35,64	1:24,14	1:14,25	1:03,97	0:59,07	0:56,77	0:54,92
200	5:10,63	4:10,85	3:27,40	3:02,48	2:41,02	2:18,73	2:08,10	2:03,13	1:59,10
400	11:04,56	8:56,66	7:23,72	6:30,40	5:44,48	4:56,81	4:34,06	4:23,42	4:14,80

### HERRER, LANGBANE (50m)

	TALENT		FLIPPER		BRONZE		DELFIN		SØLV		GULD		ELITE	
Pointtal	45	85	150	220	320	500	635	715	790					
<b>CRAWL</b>														
50						0:26,35	0:24,33	0:23,38	0:22,62					
100	2:12,37	1:46,90	1:28,38	1:17,76	1:08,61	0:59,12	0:54,59	0:52,47	0:50,75					
200	4:47,83	3:52,44	3:12,18	2:49,09	2:29,20	2:08,55	1:58,70	1:54,09	1:50,36					
400	10:21,02	8:21,50	6:54,64	6:04,82	5:21,91	4:37,36	4:16,10	4:06,16	3:58,10					
800	21:15,85	17:10,31	14:11,86	12:29,50	11:01,34	9:29,82	8:46,15	8:25,73	8:09,18					
1500	40:57,95	33:04,91	27:21,14	24:03,94	21:14,10	18:17,78	16:53,64	16:14,30	15:42,41					
<b>BRYST</b>														
50						0:33,61	0:31,03	0:29,83	0:28,85					
100	2:44,97	2:13,22	1:50,14	1:36,91	1:25,51	1:13,67	1:08,03	1:05,39	1:03,25					
200	5:58,41	4:49,43	3:59,30	3:30,55	3:05,78	2:40,07	2:27,80	2:22,07	2:17,42					
<b>RYG</b>														
50						0:30,29	0:27,97	0:26,89	0:26,01					
100	2:26,57	1:58,36	1:37,86	1:26,10	1:15,97	1:05,46	1:00,44	0:58,09	0:56,19					
200	5:15,83	4:15,04	3:30,87	3:05,53	2:43,71	2:21,05	2:10,24	2:05,19	2:01,09					
<b>FLY</b>														
50						0:28,26	0:26,10	0:25,08	0:24,26					
100	2:20,58	1:53,53	1:33,86	1:22,58	1:12,87	1:02,79	0:57,97	0:55,72	0:53,90					
200	5:14,67	4:14,11	3:30,10	3:04,85	2:43,11	2:20,54	2:09,76	2:04,73	2:00,65					
<b>IM</b>														
100														
200	5:21,70	4:19,78	3:34,79	3:08,98	2:46,75	2:23,67	2:12,66	2:07,51	2:03,34					
400	11:28,10	9:15,67	7:39,43	6:44,22	5:56,68	5:07,32	4:43,76	4:32,75	4:23,82					